

BETHANY COMMUNITY SCHOOL

High School Athletic Handbook

2021-2022



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Welcome to the Bethany Community School High School Athletic Program!

This handbook is designed to inform all involved (student-athlete, his/her parent(s) or guardian(s), and coaches) in Bethany Community Schools Athletics the guidelines and policies of the Bethany Community Schools Athletic Department. Bethany Community School believes that success in athletics is established and maintained through adherence to the guidelines and policies outlined in this handbook. Athletics are extra-curricular activities conducted after the regular school day and participation on Bethany Community School athletic teams is strictly on a voluntary basis. Because participation is voluntary, certain basic requirements are necessary to make the athletic program a wholesome, successful, and meaningful experience. The requirements have been kept to a minimum, but important items are listed in this document so the student-athlete will understand the school's expectations before making the decision to participate.

The Interscholastic Athletic Program of BCS is an integral part of the total school program, and as such, is designed to help our students become a better school, community, state, and national citizen. While the academic area is the primary focus of our school, we believe participation in an athletic program affords opportunities, training, and experiences not ordinarily available in the regular curriculum.

It is an exciting time for athletics at Bethany Community School. While the middle school looks to continue their established excellence, high school student-athletes look to set standards, traditions, and achievements that will last for years to come. Bethany high school's program is entering its fifth year of competing at the high school level. Our current high school student-athletes have made an imprint on the reputation Bethany has in the high school athletic community. We hope your involvement in this program will provide rewarding and worthwhile experiences as well as contributing to the high standards set for Bethany athletics.

Vision Statement

Bethany Community School provides an extracurricular athletic program that supports the academic mission and pillars of the school. Our goal is to be an extension of the academic standards on the court or field. Bethany student-athletes are expected to conduct themselves in the proper manner, give maximum effort at their craft, compete to their fullest, improve daily and strive to be the best they can be on the athletic fields and courts just as they strive in the classroom. Bethany will have coaches in positions

who look to model the previously mentioned expectations and standards. Bethany athletics will provide quality facilities and resources to support student-athletes and help achieve our goals. We want to put relationship building at the forefront so everyone, student-athletes, coaches, administrators, parents, and supporters of the school, are included and involved in our athletic program. All involved will be proud of our program and when a student-athlete graduates, lifelong friendships will have been made, positive experiences taken away, and a productive citizen developed.

Bethany Athletic Department

Program Goals

The goal of the BCS Athletic Department is to provide opportunities for student-athletes to excel in teamwork, sportsmanship, and self-discipline, and be citizens of exceptional character throughout the school community. Members of teams and organizations must serve as exemplars of high moral character and demonstrate academic commitment, which is expected of all students' athletes and coaches. In addition to the rules established by BCS, each coach may have additional rules and expectations for the members of the team, which shall be distributed to all players and parents at the beginning of the season. All students who participate in athletics are subject to disciplinary consequences imposed by coaches and the administration. The athletic program at Bethany is designed to produce well-rounded citizens who can take their place in a community and democratic society. The program is intended to develop leadership skills, a sense of responsibility and accountability, and sportsmanlike attitudes of the student population.

The BCS athletic department will promote the concept of sportsmanship. Good sportsmanship requires that everyone be treated with respect. This includes members of opposing teams, teammates, officials, coaches, administrators, and spectators. Winning is exciting, but winning, at any cost is not the goal.

Emotional balance promotes consistency in the lives of the student-athletes and affects everything they do. Everyone wins, especially student-athletes, who move comfortably from one responsibility and relationship to another, benefiting themselves as well as their parents, teachers, and coaches.

Beliefs of the Bethany Community School Athletic Department

- We believe the extracurricular activities program is for all students.
- We believe extracurricular activities are an integral part of a total education program and a unique part of the high school experience.
- We believe extracurricular activities teach students invaluable, intangible traits that are necessary for productivity in our society such as, but not limited to, self-

discipline, personal commitment, loyalty, sportsmanship, teamwork, the value of preparation, and strong work ethic.

- We believe participation in extracurricular activities enhances academic performance and school attendance.
- We believe extracurricular activities have a positive effect upon the participant's self-image, mental alertness, social competence, and ethical awareness.
- We believe that a spirit of competition and the will to excel are some of the necessary elements associated with extracurricular activities. These elements are valuable to the development of a healthy mind and a productive American citizen.

Objectives of the Bethany Community School Athletic Department

- To provide our student-athletes with the best possible administration, supervision, and instruction available.
- To provide our student-athletes with quality facilities and equipment that is both safe and people friendly.
- To provide our student-athletes with safe, quality transportation to all competitions, practices, and activities.
- To provide our student-athletes with proper funding to meet their athletic needs.

The Bethany Community School Athletic department will enforce the guidelines and policies outlined in this handbook. Student-athletes will also adhere to the Bethany Community School Code of Conduct. Coaches may have additional conduct requirements of their student-athletes. Proper behavior and conduct of student-athletes is expected at all-time when representing Bethany Community School, which includes but is not limited to practice, games and travel. If a student-athlete fails to meet the Code of Conduct, appropriate consequences may be taken by the Bethany Community School administration, athletic department and/or the coach of the sport.

Specific punishments cannot be listed. Unknown circumstances, the severity of the infraction, and the student-athlete's reaction to being corrected provides too many variables. Administration, the Athletic Director and/or coaches will handle individual infractions in a manner best suited to correct the improper conduct. Student-athletes should note that appropriate responses by Administration, the Athletic Director and/or coaches could range anywhere from a verbal reprimand to suspension or expulsion from the team. In addition, the school principal reserves the right to deny any student-athlete from participating in athletics for any reason.

**Bethany Community School
High School Athletics 2021-2022**

FALL	WINTER	SPRING
Boys Soccer	Cheer	Baseball
Volleyball	Girls Basketball	Softball
Cross Country (B,G)	Boys Basketball	Girls Soccer
		Golf

HEAD COACH	SPORT	EMAIL ADDRESS
Rob Joyce	Boys Soccer	rjoyce@bcmschool.org
Crystal Adkison	Volleyball	coachadkison2020@gmail.com
Joseph Adams	Cross Country (B,G)	jadams@bcmschool.org
Deanna Ragan	Cheer	noinfo19@gmail.com
Michael Mann	Girls Basketball	Jusbuggin@me.com
Brint Hinson	Boys Basketball	bhinson@bcmschool.org
Shaughn Neal	Baseball	shaughnneal@gmail.com
Michael Inman	Softball	lawncare0313@gmail.com
Daniel Haynes	Girls Soccer	Danielhaynes1011@yahoo.com
Michael Mann	Golf	mmann@bcmschool.org

STUDENT REQUIREMENTS FOR INTERSCHOLASTIC ATHLETIC PARTICIPATION (NCHSAA Handbook 2021-2022)

ELIGIBILITY & ACADEMIC REQUIREMENTS

INITIAL ENTRY and 8 SEMESTER RULE (NCHSAA)

- A student may participate in athletics at any member school upon initial entry into ninth grade, provided they meet applicable NCHSAA and LEA eligibility requirements.
- First day of class entering the 9th grade or first workout attended prior to academic year.
- Beginning with initial entry into the 9th grade, the student may not participate in athletics for a period lasting longer than eight (8) consecutive semesters. An over-aged seventh or eighth grade student may begin their initial entry in those grades but still must adhere to the playing of (8) consecutive semesters.

AGE

- A student-athlete will not be eligible for athletic contest if his or her 19th birthday is on or before August 31, 2021.
- School shall have on file evidence of legal birth date of each student-athlete.
- An 8th grade student who is overage for middle school competition shall be eligible for high school participation.

ATTENDANCE

It is the responsibility of all student- athletes to attend school on a regular basis (including online or virtually).

- A student- athlete may not miss more than 11 days for the semester to be eligible for the next semester. Waivers may only be discussed for extenuating circumstances and generally are granted based on unique extenuating circumstances and are decided on by the BCS administration.
- The student-athlete should attend school the day of games/practices to be eligible to participate. Student- athletes must be in school until or by 11:20 each day to be counted as present for the school day. If a student-athlete is not present for half or more of the school day, he/she will not be able to participate in practice or games that day.
- Exceptions, such as but not limited to funerals, field trips and college visitations, may be granted, but certain exceptions must be approved by the principal and/or athletic director in advance.

- A student -athlete who is suspended from school is not eligible to practice, play, or attend any meeting during the time of suspension. If the suspension includes the last day of school before a vacation or weekend, the student-athlete becomes eligible the next calendar day after the last day of the suspension.

ENROLLMENT/RESIDENCE

- Student must be a regularly enrolled member of Bethany Community School
- Student must live with the parents or legal custodian (court ordered custody, not guardianship). A “legal custodian” is a person or agency awarded legal; court ordered custody of a child.

FALSIFICATION OF DOCUMENTS

Falsification of information in terms of eligibility will result in the student athlete(s) being declared ineligible for a period of 365 days from the point of notification to the NCHSAA.

SCHOLATIC REQUIREMENTS

- Must pass a minimum load of course work the previous semester to be eligible at any time during the semester.
- Minimum load is defined as five (5) courses in the traditional school schedule.
- Any student, including seniors, must also pass the minimum load even if they need fewer courses for graduation.
- All students must also meet local promotion standards, set by Bethany Community School
- Courses must be approved for credit, (i.e., audited courses would not count).
- A student not eligible at the beginning of the semester is not eligible at any time during the semester. Exceptions: 1) An incomplete course made up in a designated time frame that satisfies minimum course requirements. 2) a student who is awaiting a final grade due to state mandated testing, which causes him/her to fail to meet minimum scholastic requirements remains ineligible until the score is received

MEDICAL REQUIREMENTS

- Student must receive a medical examination once every 395 days by a duly licensed physician, nurse practitioner, or physician's assistant. Students must have an up-to-date physical to participate in skill development and summer workouts Physical must be filed with Bethany Athletic Department before any participation (workout, practice, skill development and game) with a Bethany Community School team.

- Students absent from athletic practice for five (5) or more days due to illness or injury shall receive a medical release by a physician licensed to practice medicine before re-admittance to practice or contests.
- Gfeller-Waller Concussion Awareness Act. Must have concussion form signed and filed with Bethany Athletic Department before any participation (workout, practice, skill development and game) with a Bethany Community School team.

MAXIMUM NUMBER OF SEASONS

No student may participate at the high school level for more than four (4) seasons in a sport (one season per year, i.e., A student could not play fall women's soccer in one state and then play NCHSAA women's soccer in the spring).

FELONY POLICY

- A student athlete who is convicted of a crime classified as a felony under NC Federal law, is an adjudicated delinquent for an offense that would be a felony if committed by an adult or has a felony charge in another state is not eligible to participate in the BCS sports program.

DRESSING FOR GAMES AND PRACTICE

- Only eligible players are allowed to be on the roster, dress and participate in games and participate in practice.
- Ineligible student-athletes may participate in summer workouts or skill development sessions.

AMATEUR STATUS

- Under no circumstance may an individual or team: 1) Accept money 2) Accept items by virtue of being on a "free list" or "loan list." 3) Compete under a false name.
- As a result of athletic ability/performance, an individual may accept a gift, merchandise, trophy, etc. provided it meets the following conditions: 1) Does not exceed \$250.00 value per sports season 2) The item must be totally consumable and nontransferable (e.g., meals, trips, etc.) or labeled in a permanent manner (i.e., monogrammed, engraved, etc.) 3) Approved by the local principal and superintendent.
- A team or camp group may accept a gift, merchandise, trophy, etc. provided it meets the following conditions: 1) Available to every member of the team 2) Totally consumable and nontransferable (e.g., meals, trips, etc.)
- A student is entitled to receive "essential expenses" for any particular game or games, in which he or she participates as a player, which includes meals, lodging and transportation for each particular game. Any remuneration beyond these essential expenses shall debar a student from future contests.
- Accepting a nominal, standard fee or salary for instructing, supervising, or officiating in an organized youth sports program or recreation, playground, or camp activities shall

not jeopardize amateur status. An “organized youth sports program” includes both school and non-school programs.

ELIGIBILITY QUICK GLANCE

- Must be a full-time enrolled student and in good academic standing at Bethany Community School.
- Must not have been convicted of a felony in this or any other state or adjudicated as a delinquent for an offense that would be a felony if committed by an adult in this or any other state.
- Must not have more than 11 total absences in the semester prior to athletic participation.
- Must not have exceeded eight (8) consecutive semesters of attendance or have participated more than four (4) seasons in any sport since first entering grade nine (9).
- Must be younger than 19 years of age on or before September 1 of the current school year.
- Must be present at school on the day of an athletic contest to participate in the event. This includes games and practices.
- Must have passed a minimum number of courses during the previous semester and must be on academic track to graduate.
- Must have received a medical examination by a licensed physician within the past 395 days. If you miss five (5) or more days of practice due to illness or injury, you must receive a medical release from a licensed physician before practicing or playing.
- Must sign the Gfeller-Waller Concussion Awareness form annually prior to participation in tryouts, practices, or contests.
- May not dress for a contest, sit on the bench, or practice if you are not eligible to participate.
- Must not play more than three (3) games in one sport per week (exceptions: Baseball, Softball, Cheerleading, and Volleyball); and not more than one (1) contest per day in the same sport (exceptions: Baseball, Softball, Cheerleading, or Volleyball). Although not typical, NCHSAA regulations may allow variance from the weekly limitations in certain situations. (There are also season limitations.)

College Admission

Rising juniors and seniors who plan to participate in college athletics need to register with the NCAA Clearinghouse. The clearinghouse certifies that the student-athlete is eligible for NCAA competition. To register and for more information, go to the website www.ncaa clearinghouse.net.

If a college recruiter contacts a student-athlete personally he/she has an obligation to notify his/her coach, guidance counselor, and the athletic department. Bethany Community School will abide by the rules of the NCAA.

Coaches, a guidance counselor, and/or the school athletic director will all be able and willing to help with college recruitment and admission. A beginning dialogue from a member of either side, player/parent, or school representative, may begin the college recruiting process.

TEAMS/PRESEASON

Preseason Parent/Guardian Meeting

All sports should have a preseason parent meeting before the first game. This is a required meeting for all parents or guardians of participants on the team. Student-athletes are invited but not required to attend. The coach will communicate at the meeting program information and answer any questions. Parents will also sign documents including the acknowledgment of the Bethany Athletic Handbook. The Bethany Athletic Department can withhold a player from competition until acknowledgement of the Handbook has been recorded.

Participation, Try-outs, and Team Selection

Student-athletes at Bethany Community School are encouraged to participate in as many sports as he/she can. Once a student-athlete begins the in-season-training period of a sport, he/she should not quit while that sport is in season. If a student-athlete quits a sport they will be withheld from participation in any other sport or skill development until that season is over.

Multi-Sport Participation Same Season Policy

The Bethany Community School Athletic Department and Administration will consider student requests to participate in two varsity sports in the same season. Below are the guidelines coaches and athletes must follow to make multi-sport participation effective. The final decision on the student athletes request lies with the Athletic Director and Principal.

1. Request may only be made for participating on a team and individual sport of the same season.
Ex: Cross country and men's soccer or baseball/golf

A student athlete will not be able to participate on two team sports the same season (Ex: Women's Soccer and Softball)

2. The team sport and its expectations will take precedence whenever conflicts arise. The athlete should not miss any team sport practices or games unless an individual sport match/game takes place on the day of a team sport practice. Team sport practices and games require commitment to the team concept. Teams work on strategy and concepts which require all players to be present and to practice various tactical situations. Individual sport participants can practice and train on their own. They can improve their game individually without putting the team at risk.

3. If the student-athlete is not willing to follow the guidelines, they will need to choose to participate on one team and not choose to be a part of multiple sports within the same season.

Each coach has his/her own guidelines on how he/she selects the team and is the sole responsibility of the Head Coach. Coaches will explain their guidelines to candidates before the season/practice begins.

Before try-outs, the coach shall provide the following information to all candidates for the team:

- Extent of try-out period
- Number to be selected
- Practice commitment if they make the team
- Game commitments
- Academic requirements

The Head Coach should not use a list to reveal members of their team and should let anyone who is not selected for the team know they're available to meet and discuss why they were not selected and what they may do to be on the team in the future.

It is up to the discretion of the Athletic Director if a student does not make one team and would like to try out with another during a particular season.

TEAMS/IN-SEASON

Meals

Bethany Community School and its athletic department will not provide funds or purchase pre-game or post-game meals for any teams. Coaches, with the help of their program booster club and/or parent volunteers, may provide funds or purchase pre-game and/or post-game meals for their teams. The BCS Athletic Booster Club may provide funds and purchase pre-game and/or post-game meals for Bethany teams. However, if the BCS Athletic Booster Club provides funds or purchases pre-game and post-game meals, it must be for all Bethany Community School athletic teams.

Transportation

The athletic department will provide transportation to and from athletic events.

If a situation arises where the team is going to meet at a location, the following must take place. A coach must have acknowledgement from a parent/guardian they will be transporting their child, or they must have a text, e-mail, or written consent giving their child permission to ride with another parent. If a parent is going to let their player drive, they must put that in an e-mail or writing as well. Under no circumstance should a player be a passenger in a driving player's car to or from a game. If student transportation is by private vehicle, the vehicle owner's liability coverage is applicable to any vehicular accident. Parent or adult drivers should be aware that they may be held responsible for injuries to any individuals they are transporting and must certify that any private vehicle used is covered by at least the North Carolina state required insurance coverage.

Since we practice and play at some off campus locations in certain sports, a student-athlete who drives may provide their own transportation to and from practices and contests. Because the safety of student-athletes is a primary consideration in the administration of this activity, students must have the written parental permission to drive themselves in each specific sport.

If coaches allow players to ride home with parents from away games, the coach and parent must acknowledge each other before dismissal. If a player is riding home with another player's parent or another family member, a text, e-mail, or written consent must be provided by a parent or guardian.

Parents are expected to pick up their students from all practices and games on time.

Coaches should supervise all student-athletes waiting for rides home after practice and games and make sure all student-athletes have rides home before leaving. All student-athletes are expected to inform their teachers of any pending early dismissals at least one day in advance and are responsible for any work missed because of an athletic early dismissal.

Proper behavior on the bus is expected of all BCS student-athletes. Failure to live up to these expectations may be dealt with accordingly by BCS coaches, athletic director, and/or administration.

Pictures

Bethany Community School athletic teams will have pictures taken during their season. Coaches will announce picture dates and will distribute information for those who want to purchase pictures. Student-athletes are under no obligation to purchase pictures but still need to be in the team picture on photo day.

TEAMS/POSTSEASON

Varsity Letters and Pins

If a student-athlete completes the season in good standing, he/she will receive a letter and pin.

Anyone who has practiced and dressed a majority of the season, regardless of playing time, and is on the team at the completion of the year will receive a letter and pin. Head coaches should use discretion as needed. For example, if a JV player practices 10 times with the varsity, dresses two contests and plays in one game, that is not enough to earn a letter and pin.

Letter: Awarded once following the completion of any student-athlete's first varsity sport

Sport Pin: Awarded for the completion of each varsity sport by a student-athlete

Participation Certificate

Will be awarded to all team members who complete the season in good standing with the team. Certificates are awarded at the varsity, JV, and middle school level.

Plaques and Awards

An athletic award is a symbol of athletic accomplishment, good sportsmanship, and the observance of athletic policies. The Head Varsity Coach is encouraged to give out special awards at the conclusion of each season. Standard award titles are Most Valuable Player, Coaches Award, and the Wolf Award.

BCS will provide three awards. A coach may decide to give more or less than 3 special awards and may use whatever name titles for the awards they like. The Booster Club must purchase all awards after the three. Plaques or awards should be presented at the end of the year banquet.

Banquet

Three athletic awards banquets will be held during the school year. One for each sports season, fall, winter and spring. Individual programs may have an end of the year celebration. If programs choose to have their own get together, Bethany Community School asks two things. One, the coach gives certificates, pins, letters, and awards at the school banquet. Two, if a meal is served and players and/or parents are paying and try to keep the cost under 10\$ for each person. Everyone should feel welcome to attend regardless of ability to pay. Each program should have a hardship fund if a family is unable to attend due to financial obligations asked of the banquet.

GENERAL INFORMATION

Communication

Athletic Director – Weekly email to all BCS administrators, coaches, student-athletes, and parents.

Coaches – Must be clear in a parent meeting how you will communicate with parents and players. May use more than one communication avenue. Examples include but not limited to:

Text (not during school day unless announcing a cancellation or change of after school plan), e-mail, Apps such as Remind or Group Me. May also use school Facebook, Twitter, and the website for certain things such as after school changes and cancellations.

Parents – 24 HOUR RULE. Sleep on it before approaching a coach before, during or after a game or practice. No phone call, text message, e-mail, social media post, etc..... until the next morning. BCS wants to resolve any issues. But let us set something up via phone call or email the next day and not do anything in the heat of the moment and allow emotions to be a factor.

Schedules

- Bethany Community School competes in the Northwest Piedmont 1A Conference in the NCHSAA (North Carolina High School Athletic Association)
- Schedules can be found on Maxpreps.com.
- Changes to schedule may be found on MaxPreps.com and Facebook.
- MaxPreps and Facebook will be updated once a cancellation has occurred.
- If you check for changes and do not notice a cancellation or do not receive an update, assume that the game is on as scheduled and please refrain from calling the front office.
- Individual coaches may also have their own schedule location and may have a procedure for change/cancellations

Admission Charges

Admission for games being charged is as follows:

\$6 – Adults

\$3 – Elementary – High School students

\$3 – Senior Citizens (65+)

Postseason games may have higher admission charges.

SPORTS PASSES

Bethany Wolves fans will have several different options throughout the year to purchase passes to enter sporting events. We will offer a year pass and a seasonal pass within our options.

YEAR PASS OPTIONS

ANNUAL PASS

One Adult – \$110.00
Two Adults – \$200.00
Family (4 person Max) - \$380
Senior Citizens – \$50.00
BCS Students – \$50.00

SEASONAL PASS

(Fall, Winter, Spring)
One Adult - \$50.00
Two Adults - \$90.00
Family (up to 4 persons) - \$185
Senior Citizen - \$25.00
BCS Student - \$25.00

Passes will not be valid during conference or state playoff tournament games. Passes are valid for BCS regular season home games only.

Bethany Community School Athletic Booster Club

The primary role of the BCS Athletic Booster Club is to support all athletic programs at the school. The club is a non-profit organization which is guided by bylaws. Coaches should be familiar with the bylaws. The bylaws may be requested at any time.

The BCS Booster Club looks to have multiple fundraising events during the school year and help assist the Bethany Community School Athletic Department with its sponsorship program.

Booster Club fundraising must be approved by the Bethany Community School athletic department and administration.

Parents are encouraged to be involved!! Support and be a part of the BCS Booster Club!

Inclement Weather Policy/Alerts

If rain, snow, ice, extreme heat, or other inclement weather impacts the practice or game schedule, coaches will notify families as soon as the school has all necessary information to make an informed decision.

Under no circumstances should students be penalized for failure to attend activities when schools are closed even when special permission to proceed has been granted.

SKILL DEVELOPMENT/WORKOUTS

- School year out of season
- Coaches may have skill development sessions (open to all, required for none)
- Coaches must know and adhere to rules and guidelines of skill development sessions as well as “dead periods” in which no skill development is allowed.
- Weight room sessions and open gyms during the school year, there can be no instruction or coaching taking place. (Exception-weight room technique and safety).
- Summer Skill Development/Workouts (Last day of school – First day of fall sports)
- Coaches may hold summer skill sessions, attend camps, participate in leagues, etc.....
- Student-athlete must have: Updated physical, concussion form and medical information sheet to participate in summer activities.
- Coaches must know any summer “dead periods” in which no skill development is allowed.

SENIOR NIGHT GUIDELINES

Senior night is a culmination of the year’s hard work and an appreciation of senior student-athletes. It is our chance as a school to honor those who have played on our athletic teams. It is the goal of the school athletic department and administration to have an equitable and respectful senior night experience for all student-athletes, thus the implementation of guidelines for all athletic teams, coaches, and booster clubs to follow:

1. There will be a senior information sheet to be filled out and read at each program senior night. The sheet is expected to be used by every program. Nothing should be added or deleted from the information sheet. All answers should be honest and do nothing but honor and respect the senior while showing the class of Bethany Community School.
2. Large public displays anywhere on the BCS campus of senior student-athletes’ image, number and/or jersey is allowed only if they are created equally for all senior student-athletes being honored.

3. On the given senior night, a banner or poster may be displayed. Each senior being honored needs to have a banner or poster and the size and layout will be comparable. Any senior(s) left out or placements of disproportional sizes will cause banners or posters to be removed.
4. Senior “gifts” (scrapbooks, framed pictures, etc....) need to be limited to one program and one coach “gift.” “Gifts” need to be given to all senior student-athletes and expenses need to be approximately the same for each student-athlete involved. Roses are separate and not considered “gifts.” Scrapbooks, senior programs, etc.... may include more information about each senior than what is included on the standard senior information sheet that is to be read at each senior night event.
5. If the BCS Athletic Booster Club decides to help with the senior “gift,” it will take the place of the above-mentioned program “gift.” The BCS Athletic Booster Club gift must be the same for all sports, all seniors, and must be approximately the same cost for each student-athlete.
6. A pre- or post-game meal or social event is allowed on senior night. This will be an individual team decision. A meal or social event must include all student-athletes or all student-athletes and their family members of the team. Meal or social events may not be senior class members or senior class and their family members only.

Senior night should be a memorable experience for all seniors. It should be equitable in the honor of each senior. It should be a respectful event that shows nothing but class that is Bethany Community School athletics.

Facilities and Locker Rooms

Coaches and players should take pride in the appearance and upkeep of our outdoor and indoor athletic facilities. Everyone should pick up after themselves to help take ownership of our school. Student-athletes should not leave equipment or clothing in the locker rooms or athletic fields. Under no circumstance should student-athletes wear cleats inside (building, gym, etc.). It is the responsibility of coaches to supervise dressing facilities. *Student-athletes are encouraged to secure all valuables inside their lockers. Locker rooms are not always secure areas so bags and belongings should not be left outside the locker. BCS and its athletic department are not responsible for lost or stolen personal belongings.*

Campus Parking

Gym

Spectators may park in any lot on campus EXCEPT the bus parking lot.

Fields

Spectators should park in the lot closest to the fields. Once the lot is full, spectators may use the front of the school and/or student parking lot. Spectators should NOT drive down the access road to the fields NOR should they park in the bus parking lot.

Away Game Address

The athletic department plans to send out the address of opposing schools/game location in the weekly athletic email which is sent out Sunday night to mid-morning Monday each week. Address should also be on the master athletic google calendar on the school website. A designated person for each individual team may also send out directions to games as well.

Sportsmanship and Conduct

Bethany Community School Conduct Code

Bethany Community School expects student-athletes, students, coaches, and fans to exhibit appropriate conduct at all athletic events. The following ideals of conduct should be followed:

Student-athletes, students, coaches, and fans = BCS representatives

1. BCS representatives shall treat opponents, their fans, and the officials with dignity and respect at all times.
2. BCS representatives at no time shall demean, degrade, or taunt any player, coach, official, or another spectator at any athletic contest.
3. BCS representatives shall respect the property of our opponents as well as that of our own school
4. BCS representatives are expected to use appropriate language during all athletic contests.

5. BCS representatives should adhere to the NCHSAA sportsmanship policy.
6. BCS representatives shall act in a manner that reflects high character and self-control.
7. Fans and spectators are expected to stay off the playing fields and courts during the duration of athletic contests. Only exceptions would be if summoned by a coach, the athletic director, or an administrator.
8. Players and coaches shall not leave the fields and courts during the duration of an athletic contest to engage in any type of confrontation with a student, spectator, or fan. CAASC conference rules state that the player is ineligible to participate in all interscholastic athletics for the remainder of the school year.
9. If a senior student athlete, gets ejected in his/her last Bethany Community School game or contest, the BCS Athletic Department and the BCS Administration may prohibit the student athlete from participating in one or more graduation events.

The Bethany Community School administration and athletic department will be in complete compliance with the NCHSAA handbook section 2.5 sportsmanship. In this section, issues addressed are:

- 2.5. Quality of Responsible Behavior
 - 2.5.1 Social Media Policy
 - 2.5.2 Sports wagering
 - 2.5.3 Conduct at games
 - 2.5.4 Guidelines for student-athletes
 - 2.5.5 Guidelines for cheerleaders
 - 2.5.6 Sportsmanship/Ejection Policies
 - 2.5.7 Sportsmanship/Ejection Policy penalties for ejections
 - 2.5.8 Guidelines for coaches
 - 2.5.9 Code of Conduct for coaches
- Inappropriate behavior/misconduct

Link: https://www.nchsaa.org/sites/default/files/attachments/NCHSAAGHandbook2021-2022_Sept2021.pdf. PP 45-48

BCS student-athletes, coaches and student spectators who violate any of the above may be disciplined by BCS administration and/or the athletic director. BCS student-athletes may also have consequences from the coach as well.

BCS and opposing spectators and fans who violate the above Code of Conduct and sportsmanship expectations may be asked to leave the premises with no refund or admission.

BCS representatives may lose the privilege of attending athletic events or coming on the BCS campus if multiple violations occur.

Social Media Policy Extended

Student-athletes need to be cognizant of personal social media profiles. Student-athletes who post photographs or comments on a website, electronic defamation (text messages), or any other identification that negatively reflects an athletic team, another student-athlete, coaches, the athletic program, and/or Bethany Community School may face consequences from his/her coach, athletic department and/or administration.

Substance Abuse Policy

The Bethany Community School Board, administration and athletic department overwhelmingly opposes the use of tobacco, alcohol, steroids, and other drugs by student-athletes. The use of alcohol, tobacco, performance enhancing substances, and drugs is strictly prohibited not to mention illegal. Any time that a student-athlete is representing Bethany Community School, which includes but not limited to, the school day, field trips, transportation (both school provided and self if to a practice or game), our campus, other campuses, games and practices, he/she/they should not use, possess, distribute or sell any of the above mentioned substances.

Severe consequences listed below will be levied to any violator of the above policy.

The severity of the violation will also decide the severity of the consequence decided upon by the Bethany Community School administration and athletic department.

FIRST OFFENSE: The student-athlete will not be permitted to be a part of team activities for 10 school days. Game suspension up to 50% of contests. The student-athlete must complete up to 10 hours of community service at Bethany Community School.

SECOND OFFENSE: The student-athlete will not be permitted to be a part of team activities for 20 school days. The student-athlete must enter a substance abuse program. Once 20 days is over and/or the student-athlete has completed the substance abuse program he/she will be permitted to attend practices and be a part of the team for rehabilitation. However, the student-athlete will be suspended for remaining games during the season. Student-athletes will sign a zero-tolerance paper stating they

understand they will never be able to play for any Bethany Community School team again if they commit a third offense.

Full reinstatement will be granted by coach, athletic director, and administration once all consequences have been satisfied.

THIRD OFFENSE: Full suspension from all athletic programs for the remainder of the student-athlete's high school career.

Violation of the Bethany Community School substance abuse policy does not start over each school year. Student-athletes have 3 offenses over their 4 years of high school eligibility.

Student-Athletes and Law Enforcement

A student's involvement with legal authorities may reflect activities that are contrary to team training rules and/or the school's disciplinary rules and/or the positive school image.

1. Upon any incident involving the police, school officials should be notified by the student or parent/guardian within 24 hours of the incident. All incidences of this nature not reported within 24 hours may result in a suspension from the team. The incident will be reviewed by a panel appointed by the principal and athletic director for possible action. The student is responsible for contacting an administrator or your current season head coach within 24 hours of the incident.
2. Upon conviction of a crime, the student-athlete will be suspended until a panel appointed by the principal and athletic director can make an evaluation of the situation and decide on further participation. The panel will consider the nature and severity of the crime.
3. Any violations of this policy during the "off season" (including the summer) are subject to enforcement at the beginning of the student-athlete's athletic season(s) the following school year. An athletic season is defined as the first day of practice as recognized by CAASC and/or the school.

Hazing (From the NCHSAA Handbook)

Hazing is defined as deliberately subjecting another student to physical injury as part of an initiation, or as a prerequisite for membership, into any organized school group, including any athletic team or other similar group; and is against State law. (G.S. 14-35).

(b) Regardless of a student's willingness to participate, hazing and other humiliating activities expected of a student to belong to a team or group have many negative consequences. It obstructs the development of good citizens, escalates the risks of participation, negates positive contributions, and destroys respect for self, others and a "wholesome athletic environment."

There is a zero-tolerance policy for hazing at Bethany Community School. Any involved persons who are guilty of planning and/or carrying out a hazing act will be immediately removed from the team. Coaches who are guilty of proposing a hazing act or have knowledge/witness of a hazing act and do not say anything to administration and/or the athletic director will be removed as a Bethany Community School Coach.

Additionally, hazing instances go beyond athletics and become a school discipline issue as well. In certain cases, law enforcement must get involved. The Bethany Community School board, administration, and/or athletic director will review, deem, and rule on any alleged hazing incident of a BCS athletic team.

Rules and Discipline

It is the expectation of every coach at Bethany Community School to establish expectations, rules, policies, guidelines, etc., that fit their own team and extend the beliefs of the BCS athletic handbook.

It is the expectation that coaches establish consequences that are clear, fair, and reasonable when expectations, rules, policies, guidelines, etc., are not met.

Bethany Community School administration and/or athletic director reserves the right to review all consequences of student-athletes and may intervene when/if necessary.

COACHES

Safety

- Copy of BCS Emergency Action Plan.
- Know and practice 911 emergency situations for your sport (gym or particular field)
- **MUST HAVE AN EMERGENCY MEDICAL INFORMATION SHEET OF ALL STUDENT-ATHLETES IN YOUR PROGRAM AT ALL TIMES!**

Fund Raising

Athletic teams are encouraged to fundraise to supplement funds for their program. Coaches are encouraged to have a committee to help with fundraising efforts.

Programs will have accounts within the Bethany Community School treasury.

All fundraisers, including but not limited to camps and tournaments, must be approved by the Bethany Community School athletic director and administration.

Programs: Baseball/Softball, Basketball (Girls and Boys), Soccer (Girls and Boys), Volleyball, Cross Country (Girls and Boys), Golf and Cheer.

Media/Score Reporting

- Regardless of outcome, please send scores of home games to:
Greensboro News and Record – Joe Sirera joe.sirera@greensboro.com
Greensboro Sports - Andy Durham andy@greensborosports.com
Rockingham Now - James (Jim) Sands jsands@rockinghamnow.com
RCENO - news@rceno.com
- Home or Away, update MaxPreps and send to BCS Facebook and Twitter contact. If there are other social media outlets use as well – for example in baseball there is the NCBCA Twitter page to update games scores

TV (As needed with a story, etc.)

Fox 8 - (336)-821-1185 Newsroom

Kevin Connolly - Kevin.Connolly@wghp.com

Danny Harnden - Danny.Harnden@wghp.com

Timmy Hawks - 336-906-8810 Sports Videographer

WXII 12 - sports@wxii12.com.

Station number [336-721-9944](tel:336-721-9944)

WFMY 2 - **336-379-9369 Station number**

news@wfmy.com

Overnight and/or Out-of-State Trips

- Must be approved by Bethany Community School board and administration
- Must have forms complete prior to leaving for the destination. Forms include: a trip itinerary, meeting and/or e-mail to parents, guardians and student-athletes outlining the trip, parent consent form, transportation form (if not traveling together) and a teacher signature form (if instructional time is missed).
- Trip itinerary needs to include: Trip destination, trip departure time, trip estimated arrival time (end of trip), meal plan, lodging (if applicable), event/game

schedule, cost for participants and special needs considered and provided as necessary (example: meals provided for a student-athlete who may need assistance).

Uniforms

- Coaches are responsible for the distribution and collection of uniforms.
- Each student is responsible for the uniform issued.
- Damaged or lost uniforms will result in a fine equal to the full replacement value.
- *If a student-athlete fails to take care of his/her financial responsibilities to the athletic department, Bethany Community School reserves the right to enact consequences which could include but not limited to withholding of a report card, not participating on any other athletic teams until debt is paid or nonparticipation in graduation exercises for seniors.*

Participation Calendar

Coaches need to be aware of what they can and cannot do during the following periods.

- In Season. First day of tryouts to completion of the last game. Includes: Number of preseason scrimmages, postponed/suspended games, weekly game/player limits, and season game/player limits.
 - Off-season. Time for skill development, workouts, and open facilities during the school year but not the in-season period.
 - Dead Period. Times during the school year in which the coach is not allowed to do anything with the student-athletes.
 - Summer. Last teacher workday until the first day of NCHSAA dead period.
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- May not, as an individual or a team, practice or play during the school day and teacher workdays unless granted permission by BCS board and/or principal to practice prior to the end of a workday due to inclement weather only.
 - May not play, practice, or otherwise assemble as a team on Sunday.
 - When season ends, team practice ends until the first day following the final student day of the year.

Parents

The Program needs you, "Outside the Fence."

Make use of your talents: Help your student-athlete's team and/or the BCS booster club where needed.

Supportive of program and team. Support should not be dictated by student-athletes' playing time.

Supportive of your student-athlete. Hopefully, your student-athlete's experience will be positive – regardless of role on the team. Try not to evaluate the experience based on playing time.

If you are concerned about your student-athlete's athletic experience, please follow try to resolve in the following order:

Student-athlete talks to coach

Parent talks to coach

Student-athlete and/or parent talks to Athletic Director

Reminder: 24 Hour rule. See General section Communication heading.

Cost

Summer Camp Participation and Other Additional Costs

A student-athlete, a parent(s) and/or a guardian(s) may choose to make purchases regarding athletic participation at Bethany Community School. These purchases may involve but are not limited to Summer camps, team clothing, personal clothing, trips, and personal equipment to use. These purchases are voluntary, and payment is the sole responsibility of the student-athlete, his parent(s) and/or guardian(s). Bethany Community School, its athletic department or an individual sports program will not cover or reimburse voluntary expenses at any time nor will it assume any liability to these purchases. These same purchases should never be a requirement, nor should the purchases be a requirement to be a part of the team.

Risk of Injury

By agreeing to participate in athletics parents, custodians and students acknowledge and understand that there is a risk of injury involved in athletic participation. They understand that the student-athlete will be under the supervision and direction of a BCS athletic coach. They agree to follow the rules of the sport and the instructions of the coach to reduce risk of injury to the student and other student-athletes. However, they acknowledge and understand that neither the coach nor BCS can eliminate the risk of injury in sports. Injuries may and do occur. Sports injuries can be severe and, in some cases, may result in permanent disability or even death. By signing the handbook form all parents and students freely, knowingly, and willfully accept and assume the risk of injury that might occur from participation in athletics.

Summary

This handbook is intended to inform student-athletes and parents of state and local regulations governing interscholastic athletics. It is our hope that by being aware of rules, regulations, and expectations, unfortunate situations due to lack of knowledge can be avoided. Please understand that this handbook is not all-inclusive. There are

many rules and regulations not included in this handbook and, of course, each coach has the right to make reasonable rules that are more stringent than those outlined in this document. The importance of adherence to all regulations in this book should be apparent. A firm and fair policy of enforcement is necessary to prevent a travesty being made of the regulations. The community, school administrators, coaching staff, and athletic director feel strongly that high standards of conduct and citizenship are essential in maintaining a solid program of athletics. It is our intent to preserve rules that reasonably pertain to the health and safety of the individual and the orderly conduct of sports. We do not wish to establish arbitrary personal preferences to insure absolute uniformity. The welfare of our students is our major consideration. Hopefully, their welfare transcends any other consideration. If a student-athlete fails to comply with these standards, it will be interpreted by the Athletic Department as an indication that the student-athlete does not have sufficient desire to participate in the interscholastic athletic program. Therefore, the student-athlete will be denied the privilege of participating until such time as he or she can prove this desire. The precise period of suspension will depend upon the violation(s) and the attitude of the student-athlete. Generally, a minimum of one week will be necessary to prove the desire to participate and to comply with all standards, which have been established for the benefit of the student-athlete and the team. Repeat or flagrant violations may result in total suspension from the athletic program. This will be determined by a consensus of the BCS administration and coach staff involved.

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