

2020-2021
BETHANY COMMUNITY SCHOOL
Athletic Manual
Middle School grades 6-8

Welcome to the
Bethany Community School
Middle School Athletic Program!

This handbook is designed to inform all involved (student-athlete, his/her parent(s) or guardian(s), and coaches) in Bethany Community Schools Athletics the guidelines and policies of the Bethany Community Schools Athletic Department. Bethany Community School believes that success in athletics is established and maintained through adherence to the guidelines and policies outlined in this handbook. Athletics are extra-curricular activities conducted after the regular school day and participation on Bethany Community School athletic teams is strictly on a voluntary basis. Because participation is voluntary, certain basic requirements are necessary in order to make the athletic program a wholesome, successful and meaningful experience. The requirements have been kept to a minimum, but important items are listed in this document so the student-athlete will understand the school's expectations before making the decision to participate.

The Interscholastic Athletic Program of BCS is an integral part of the total school program, and as such, is designed to help our students become a better school, community, state, and national citizen. While the academic area is the primary focus of our school, we believe participation in an athletic program affords opportunities, training, and experiences not ordinarily available in the regular curriculum.

Our current student-athletes have made an imprint on the reputation Bethany has in the community. We hope your involvement in this program will provide rewarding and worthwhile experiences as well as making a contribution to setting the standard high for Bethany athletics.

Vision Statement

Bethany Community School provides an extracurricular athletic program that supports the academic mission and pillars of the school. Our goal is to be an extension of the academic standards on the court or field. Bethany student-athletes are expected to conduct themselves in the proper manner, give maximum effort at their craft, compete to their fullest, improve daily and strive to be the best they can be on the athletic fields and courts just as they strive in the classroom. Bethany will have coaches in positions who look to model the previously-mentioned expectations and standards. Bethany athletics will provide quality facilities and resources to support student-athletes and help achieve our goals. We want to put relationship building at the forefront so everyone, student-athletes, coaches, administrators, parents and supporters of the school, are included and involved in our athletic program. All involved will be proud of our program and when a student-athlete graduates, lifelong friendships will have been made, positive experiences taken away, and a productive citizen developed.

Bethany Athletic Department

Program Goals

The goal of the BCS Athletic Department is to provide opportunities for student-athletes to excel in teamwork, sportsmanship, and self-discipline, and be citizens of exceptional character throughout the school community. Members of teams and organizations must serve as exemplars of high moral character and demonstrate academic commitment, which is expected of all students. In addition to the rules established by BCS, each coach may have additional rules and expectations for the members of the team, which shall be distributed to all players and parents at the beginning of the season. All students who participate in athletics are subject to disciplinary consequences imposed by coaches and the administration. The athletic program at Bethany is designed to produce well-rounded citizens who can take their place in a community and democratic society. The program is intended to develop leadership skills, a sense of responsibility and accountability, and sportsmanlike attitudes of the student population.

The BCS athletic department will promote the concept of sportsmanship. Good sportsmanship requires that everyone is treated with respect. This includes members of opposing teams, teammates, officials, coaches, administrators, and spectators. Winning is exciting, but winning, at any cost is not the goal.

Emotional balance promotes consistency in the lives of the student-athletes and affects everything they do. Everyone wins, especially student-athletes, who move comfortably from one responsibility and relationship to another, benefiting themselves as well as their parents, teachers, and coaches.

Beliefs of the Bethany Community School Athletic Department

- We believe the extracurricular activities program is for all students.
- We believe extracurricular activities are an integral part of a total education program and a unique part of the high school experience.
- We believe extracurricular activities teach students invaluable, intangible traits that are necessary for productivity in our society such as, but not limited to, self-discipline, personal commitment, loyalty, sportsmanship, teamwork, the value of preparation, and strong work ethic.
- We believe participation in extracurricular activities enhances academic performance and school attendance.
- We believe extracurricular activities have a positive effect upon the participant's self-image, mental alertness, social competence, and ethical awareness.
- We believe that a spirit of competition and the will to excel are some of the necessary elements associated with extracurricular activities. These elements are valuable to the development of a healthy mind and a productive American citizen.

Objectives of the Bethany Community School Athletic Department

- To provide our student-athletes with the best possible administration, supervision, and instruction available.
- To provide our student-athletes with quality facilities and equipment that is both safe and people friendly.
- To provide our student-athletes with safe, quality transportation to all competitions, practices and activities.
- To provide our student-athletes with proper funding to meet their athletic needs.

The Bethany Community School Athletic department will enforce the guidelines and policies outlined in this handbook. Student-athletes will also adhere to the Bethany Community School Code of Conduct. Coaches may have additional conduct requirements of their student-athletes. Proper behavior and conduct of student-athletes are expected at all times when representing Bethany Community School, which includes but is not limited to practice, games and travel. If a student-athlete fails to meet the Code of Conduct, appropriate consequences may be taken by the Bethany Community School administration, athletic department and/or the coach of the sport.

Specific punishments cannot be listed. Unknown circumstances, the severity of the infraction, and the student-athlete's reaction to being corrected provides too many variables. Administration, the Athletic Director and/or coaches will handle individual infractions in a manner best suited to correct the improper conduct. Student-athletes should note that appropriate responses by Administration, the Athletic Director and/or coaches could range anywhere from a verbal reprimand to suspension or expulsion from the team. In addition, the school principal reserves the right to deny any student-athlete from participating in athletics for any reason.

**Bethany Community School
Middle School Athletics 2020-2021**

FALL	WINTER	SPRING
Boys Soccer	Cheer	Baseball
Volleyball	Girls Basketball	Softball
	Boys Basketball	Girls Soccer

Eligibility and Academic Standards for Student-Athletes

(From the CCC, Central Carolina Conference Handbook)

AGE

- The principal must have evidence of the legal birth date of the student. A student shall not participate on a sixth through eighth grade team if the student becomes 15 years of age on or before **September 1st** of that school year.

- A middle school student who is overage for middle school play shall be eligible for high school participation.

Gfeller-Waller Concussion Awareness Act

Must have Gfeller-Waller form signed each school year before any workouts or participation on a team.

Academics

We believe that academics come first and participation in athletics second. Players need to maintain a “C” average each 9 week period. If a player receives an “F” on their progress report, they will be given until the next progress report (3 ½ weeks) to bring their grade up. However, if they are unable to bring it up to a passing grade, they will no longer be able to participate on the team.

Medical Examination

Student-athletes must receive a medical examination once every 395 days by a physician licensed to practice medicine, nurse practitioner, or physician assistant and be cleared to play. Physical must be current and filed with Bethany Athletic Department

before any participation (workout, practice, skill development and game) with a Bethany Community School team.

Attendance:

It is the responsibility of all student- athletes to attend school on a regular basis (including online or virtually).

- A student- athlete may not miss more than 11 days for the semester to be eligible for the next semester. Waivers may only be discussed for extenuating circumstances and generally are granted based on unique extenuating circumstances and are decided on by the BCS administration.
- A student-athlete must, at any time of any game in which he or she participates, be a regularly enrolled member of BCS.
- The student-athlete should be in attendance at school the day of games/practices to be eligible to participate. Student- athletes must be in school by 11:15 each day in order to be counted as present for the school day. If a student-athlete is not present by that time, then the student- athlete will not be allowed to participate that day.
- Exceptions, such as but not limited to funerals, field trips and college visitations, may be granted, but certain exceptions must be approved by the principal and/or athletic director in advance.
- A student -athlete who is suspended from school is not eligible to practice, play, or attend any meeting during the time of suspension. If the suspension includes the last day of school before a vacation or weekend, the student-athlete becomes eligible the next calendar day after the last day of the suspension.

Dressing for games and practicing

- Only eligible players are allowed to dress and participate in games and participate in practice.
- Ineligible student-athletes may participate in summer workouts or skill development sessions.

TEAMS/PRESEASON

Preseason Parent/Guardian Meeting

All sports should have a preseason parent meeting before the first game. This is a required meeting for all parents or guardians of participants on the team. Student-athletes are invited but not required to attend. The coach will communicate at the meeting program information and answer any questions. Parents will also sign

documents including the acknowledgment of the Bethany Athletic Handbook. The Bethany Athletic Department can withhold a player from competition until acknowledgement of the Handbook has been recorded.

Participation, Try-outs and Team Selection

Student-athletes at Bethany Community School are encouraged to participate in as many sports as he/she can. Student-athletes may participate in more than one sport during a season with the approval of the coaches and the athletic director. Once a student-athlete begins the in-season-training period of a sport, he/she should not quit while that sport is in season. If a student-athlete quits a sport they will be withheld from participation in any other sport or skill development until that season is over.

Each coach has his/her own guidelines on how he/she selects the team and is the sole responsibility of the Head Coach. Coaches will explain their guidelines to candidates before the season/practice begins.

Before try-outs, the coach shall provide the following information to all candidates for the team:

- Extent of try-out period
- Number to be selected
- Practice commitment if they make the team
- Game commitments
- Academic requirements

The Head Coach should not use a list to reveal members of their team and should let anyone who is not selected for the team know they're available to meet and discuss why they were not selected and what they may do to be on the team in the future.

It is up to the discretion of the Athletic Director if a student does not make one team and would like to try out with another during a particular season.

TEAMS/IN-SEASON

Meals

Bethany Community School and its athletic department will not provide funds or purchase pre-game or post-game meals for any teams. Coaches, with the help of their program booster club and/or parent volunteers, may provide funds or purchase pre-game and/or post-game meals for their teams. The BCS Athletic Booster Club may provide funds and purchase pre-game and/or post-game meals for Bethany teams.

However, if the BCS Athletic Booster Club provides funds or purchases pre-game and post-game meals, it must be for all Bethany Community School athletic teams.

Transportation

The athletic department will provide transportation to and from athletic events.

If a situation arises where the team is going to meet at a location, the following must take place. A coach must have acknowledgement from a parent/guardian they will be transporting their child or they must have a text, e-mail, or written consent giving their child permission to ride with another parent. If a parent is going to let their player drive, they must put that in an e-mail or writing as well. Under no circumstance should a player be a passenger in a driving player's car to a game. If student transportation is by private vehicle, the vehicle owner's liability coverage is applicable to any vehicular accident. Parent or adult drivers should be aware that they may be held responsible for injuries to any individuals they are transporting and must certify that any private vehicle used is covered by at least the North Carolina state required insurance coverage.

If coaches allow players to ride home with parents from away games, the coach and parent must acknowledge each other before dismissal. If a player is riding home with another player's parent or another family member, a text, e-mail or written consent must be provided by a parent or guardian.

Parents are expected to pick up their students from all practices and games on time.

Coaches should supervise all student-athletes waiting for rides home after practice and games and make sure all student-athletes have rides home before leaving. All student-athletes are expected to inform their teachers of any pending early dismissals at least one day in advance and are responsible for any work missed as a result of an athletic early dismissal.

Proper behavior on the bus is expected of all BCS student-athletes. Failure to live up to these expectations may be dealt with accordingly by BCS coaches, athletic director, and/or administration.

Pictures

Bethany Community School athletic teams will have pictures taken during their season. Coaches will announce picture dates and will distribute information for those who want to purchase pictures. Student-athletes are under no obligation to purchase pictures but still need to be in the team picture on photo day.

TEAMS/POSTSEASON

Participation Certificate

Will be awarded to all team members who complete the season in good standing with the team. Certificates are awarded at the varsity, JV and middle school level.

Plaques and Awards

An athletic award is a symbol of athletic accomplishment, good sportsmanship, and the observance of athletic policies. The Head Varsity Coach is encouraged to give out special awards at the conclusion of each season. Standard award titles are Most Valuable Player, Coaches Award and the Wolf Award.

BCS will provide three awards. A coach may decide to give more or less than 3 special awards and may use whatever name titles for the awards they like. The Booster Club must purchase all awards after the three. Plaques or awards should be presented at the end of the year banquet.

Banquet

Three athletic awards banquets will be held during the school year. One for each sports season, fall, winter and spring. Individual programs may have an end of the year celebration. If programs choose to have their own get together, Bethany Community School asks two things. One, the coach gives certificates, pins, letters and awards at the school banquet. Two, if a meal is served and players and/or parents are paying and try to keep the cost under 10\$ for each person. Everyone should feel welcome to attend regardless of ability to pay. Each program should have a hardship fund if a family is unable to attend due to financial obligations asked of the banquet.

GENERAL INFORMATION

Communication

Coaches – Must be clear in a parent meeting how you will communicate with parents and players. May use more than one communication avenue. Examples include but not limited to:

Text (not during school day unless announcing a cancellation or change of after school plan), e-mail, Apps such as Remind or Group Me. May also use school

Facebook, Twitter and the website for certain things such as after school changes and cancellations.

Parents – 24 HOUR RULE. Sleep on it before approaching a coach before, during or after a game or practice. No phone call, text message, e-mail, social media post, etc.... until the next morning. BCS wants to resolve any issues. But, let's set something up via phone call or email the next day and not do anything in the heat of the moment and allow emotions to be a factor

Schedules

- Bethany Community School competes in the CCC (Central Carolina Conference) conference
- Schedules can be found on the school website

Admission Charges

Admission for games being charged is as follows:

\$5 – Adults

\$3 – Elementary – high school students

\$3 – Senior Citizens (65+)

Postseason games may have higher admission charges.

SPORTS PASSES

Bethany Wolves fans will have several different options throughout the year to purchase passes to enter sporting events. We will offer a year pass and a seasonal pass within our options.

YEAR PASS OPTIONS

One Adult – 75.00

Two Adults – 135.00

Family (Up to 4 persons) - 180.00

Senior Citizens – 50.00

BCS Students – 50.00

Seasonal (Fall, Winter Spring) Pass

One Adult – 40.00

Two Adults – 75.00

Family (up to 4 persons) – 135.00

Senior Citizen – 25.00

BCS Student – 25.00

Passes will not be valid during conference or state playoff tournament games. Passes are valid for BCS regular season home games only.

Bethany Community School Athletic Booster Club

The primary role of the BCS Athletic Booster Club is to support all athletic programs at the school. The club is a non-profit organization which is guided by bylaws. Coaches should be familiar with the bylaws. The bylaws may be requested at any time.

Each coach may ask the Booster Club for additional help with needs and wants. The BCS Booster Club will approve, delay or deny requests based on availability of funds and in consideration of the current needs of the entire BCS program. Head coaches or a representative from their program committee should attend meetings and be the sport liaison to the BCS Booster Club.

The BCS Booster Club looks to have multiple fundraising events and a joint sponsorship program with Bethany Community School to help supplement all athletic programs.

Booster Club fundraising must be approved by the Bethany Community School athletic department and administration.

Parents are encouraged to be involved!! Support and be a part of the BCS Booster Club as well as any individual secondary club of sports their student-athlete may play.

Inclement Weather Policy/Alerts

If rain, snow, ice, extreme heat or other inclement weather impacts the practice or game schedule, coaches will notify families as soon as the school has all necessary information to make an informed decision.

Under no circumstances should students be penalized for failure to attend activities when schools are closed even when special permission to proceed has been granted.

SKILL DEVELOPMENT/WORKOUTS

- School year out of season
- Coaches may have skill development sessions(open to all, required for none)
- Coaches must know and adhere to rules and guidelines of skill development sessions as well as “dead periods” in which no skill development is allowed.
- Weight room sessions and open gyms during the school year, there can be no instruction or coaching taking place. (Exception-weight room technique and safety).
- Summer Skill Development/Workouts (Last day of school – First day of fall sports)
- Coaches may hold summer skill sessions, attend camps, participate in leagues, etc.....
- Student-athlete must have: Updated physical, concussion form and medical information sheet in order to participate in summer activities
- Coaches must know any summer “dead periods” in which no skill development is allowed.

Facilities and Locker Rooms

Coaches and players should take pride in the appearance and upkeep of our outdoor and indoor athletic facilities. Everyone should pick up after themselves to help take ownership of our school. Student-athletes should not leave equipment or clothing in the locker rooms or athletic fields. Under no circumstance should student-athletes wear cleats inside (building, gym, etc.). It is the responsibility of coaches to supervise dressing facilities. *Student-athletes are encouraged to secure all valuables inside their lockers. Locker rooms are not always secure areas so bags and belongings should not be left outside the locker. BCS and its athletic department are not responsible for lost or stolen personal belongings.*

FOR THE IMMEDIATE FUTURE, LOCKER ROOMS WILL NOT BE AVAILABLE DUE TO THE COVID 19 SCHOOL REOPENING RULES AND REGULATIONS.

Campus Parking

Gym

Spectators may park in any lot on campus EXCEPT the bus parking lot from 3:00pm-6:00pm. Main entrance to the gym is the bus parking lot side doors to the gym hallway.

Fields

Spectators should park in the lot closest to the fields. Once the lot is full, spectators may use the front of the school and/or student parking lot. Spectators should NOT drive down the access road to the fields NOR should they park in the bus parking lot from 3:00pm-6:00pm.

Away Game Directions

The athletic department plans to send out directions to opposing schools in the weekly athletic email which is sent out Sunday night to mid morning Monday each week. Program committees along with the head coach may also send out directions to games as well.

Sportsmanship and Conduct

Bethany Community School Conduct Code

Bethany Community School expects student-athletes, students, coaches and fans to exhibit appropriate conduct at all athletic events. The following ideals of conduct should be followed:

Student-athletes, students, coaches and fans = BCS representatives

1. BCS representatives shall treat opponents, their fans, and the officials with dignity and respect at all times.
2. BCS representatives at no time shall demean, degrade or taunt any player, coach, official, or another spectator at any athletic contest.
3. BCS representatives shall respect the property of our opponents as well as that of our own school
4. BCS representatives are expected to use appropriate language during all athletic contests.

5. BCS representatives should adhere to the NCHSAA sportsmanship policy.
6. BCS representatives shall act in a manner that reflects self-control.
7. Fans and spectators are expected to stay off the playing fields and courts during the duration of athletic contests. Only exceptions would be if summoned by a coach, the athletic director or an administrator.
8. Players and coaches shall not leave the fields and courts during the duration of an athletic contest to engage in any type of confrontation with a student, spectator, or fan. CAASC conference rules state that the player is ineligible to participate in all interscholastic athletics for the remainder of the school year.

The Bethany Community School administration and athletic department will be in complete compliance with the NCHSAA handbook section 2.5 sportsmanship. In this section, issues addressed are:

- 2.5. Quality of Responsible Behavior
 - 2.5.1 Social Media Policy
 - 2.5.2 Sports wagering
 - 2.5.3 Conduct at games
 - 2.5.4 Conduct for student-athletes
 - 2.5.5 Conduct for cheerleaders
 - 2.5.6 Sportsmanship/Ejection Policies
 - 2.5.7 Sportsmanship/Ejection Policy penalties for ejections
 - 2.5.8 Guidelines for coaches
 - 2.5.9 Code of Conduct for coaches
- Inappropriate behavior/misconduct

This section of the NCHSAA handbook will be at the end of the BCS handbook.

BCS student-athletes, coaches and student spectators who violate any of the above may be disciplined by BCS administration and/or the athletic director. BCS student-athletes may also have consequences from the coach as well.

BCS and opposing spectators and fans who violate the above Code of Conduct and sportsmanship expectations may be asked to leave the premises with no refund or admission.

BCS representatives may lose the privilege of attending athletic events or coming on the BCS campus if multiple violations occur.

Social Media Policy Extended

Student-athletes need to be cognizant of personal social media profiles. Student-athletes who post photographs or comments on a website, electronic defamation (text messages), or any other identification that negatively reflects an athletic team, another student-athlete, coaches, the athletic program, and/or Bethany Community School may face consequences from his/her coach, athletic department and/or administration.

Rules and Discipline

It is the expectation of every coach at Bethany Community School to establish expectations, rules, policies, guidelines, etc., that fit their own team and extend the beliefs of the BCS athletic handbook.

It is the expectation that coaches establish consequences that are clear, fair and reasonable when expectations, rules, policies, guidelines, etc., are not met.

Bethany Community School administration and/or athletic director reserves the right to review all consequences of student-athletes and may intervene when/if necessary.

COACHES

Safety

- Copy of BCS Emergency Action Plan.
- Know and practice 911 emergency situations for your sport (gym or particular field)
- **MUST HAVE AN EMERGENCY MEDICAL INFORMATION SHEET OF ALL STUDENT-ATHLETES IN YOUR PROGRAM AT ALL TIMES!**

Fund Raising

Athletic teams are encouraged to fundraise to supplement funds for their program. Coaches are encouraged to have a committee to help with fundraising efforts.

Programs will have accounts within the Bethany Community School treasury.

All fundraisers, including but not limited to camps and tournaments, must be approved by the Bethany Community School athletic director and administration.

Programs: Baseball/Softball, Basketball (Girls and Boys), Soccer (Girls and Boys), Volleyball, Cross Country (Girls and Boys), Golf and Cheer.

Overnight and/or Out-of-State Trips

- Must be approved by Bethany Community School board and administration
- Must have forms complete prior to leaving for the destination. Forms include: a trip itinerary, meeting and/or e-mail to parents, guardians and student-athletes outlining the trip, parent consent form, transportation form (if not traveling together) and a teacher signature form (if instructional time is missed).
- Trip itinerary needs to include: Trip destination, trip departure time, trip estimated arrival time (end of trip), meal plan, lodging (if applicable), event/game schedule, cost for participants and special needs considered and provided as necessary (example: meals provided for a student-athlete who may need assistance).

Uniforms

- Coaches are responsible for the distribution and collection of uniforms.
- Each student is responsible for the uniform issued.
- Damaged or lost uniforms will result in a fine equal to the full replacement value.
- *If a student-athlete fails to take care of his/her financial responsibilities to the athletic department, Bethany Community School reserves the right to enact consequences which could include but not limited to withholding of a report card, not participating on any other athletic teams until debt is paid or nonparticipation in graduation exercises for seniors.*

Participation Calendar

Coaches need to be aware of what they can and can not do during the following periods

- In Season. First day of tryouts to completion of the last game. Includes: Number of preseason scrimmages, postponed/suspended games, weekly game/player limits, and season game/player limits.
- Off-season. Time for skill development, workouts and open facilities during the school year but not the in season period.
- Dead Period. Times during the school year in which the coach is not allowed to do anything with the student-athletes.
- Summer. Last teacher workday until the first day of NCHSAA dead period.

- May not, as an individual or a team, practice or play during the school day and teacher workdays unless granted permission by BCS board and/or principal to practice prior to the end of a work day due to inclement weather only
- May not play, practice or otherwise assemble as a team on Sunday.
- When season ends, team practice ends until the first day following the final student day of the year

Parents

The Program needs you, “Outside the Fence.”

Make use of your talents: Help your student-athlete's team and/or the BCS booster club where needed.

Supportive of program and team. Support should not be dictated by student-athletes' playing time.

Supportive of your student-athlete. Hopefully your student-athlete's experience will be positive – regardless of role on the team. Try not to evaluate the experience based on playing time.

If you are concerned about your student-athlete’s athletic experience, please follow try to resolve in the following order:

Student-athlete talks to coach

Parent talks to coach

Student-athlete and/or parent talks to Athletic Director



Reminder: 24 Hour rule. See General section Communication heading.

Cost



Summer Camp Participation and Other Additional Costs

A student-athlete, a parent(s) and/or a guardian(s) may choose to make purchases regarding athletic participation at Bethany Community School. These purchases may involve but are not limited to Summer camps, team clothing, personal clothing, trips, and personal equipment to use. These purchases are voluntary and payment is the sole responsibility of the student-athlete, his parent(s) and/or guardian(s). Bethany Community School, its athletic department or an individual sports program will not cover or reimburse voluntary expenses at any time nor will it assume any liability to these purchases. These same purchases should never be a requirement nor should the purchases be a requirement to be a part of the team.

Risk of Injury

By agreeing to participate in athletics parents, custodians and students acknowledge and understand that there is a risk of injury involved in athletic participation. They understand that the student-athlete will be under the supervision and direction of a BCS athletic coach. They agree to follow the rules of the sport and the instructions of the coach in order to reduce risk of injury to the student and other student-athletes. However, they acknowledge and understand that neither the coach nor BCS can eliminate the risk of injury in sports. Injuries may and do occur. Sports injuries can be severe and, in some cases, may result in permanent disability or even death. By signing the handbook form all parents and students freely, knowingly, and willfully accept and assume the risk of injury that might occur from participation in athletics.

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Summary

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This handbook is intended to inform student-athletes and parents of state and local regulations governing interscholastic athletics. It is our hope that by being aware of rules, regulations, and expectations, unfortunate situations due to lack of knowledge can be avoided. Please understand that this handbook is not all-inclusive. There are many rules and regulations not included in this handbook and, of course, each coach has the right to make reasonable rules that are more stringent than those outlined in this document. The importance of adherence to all regulations in this book should be apparent. A firm and fair policy of enforcement is necessary to prevent a travesty being made of the regulations. The community, school administrators, coaching staff, and athletic director feel strongly that high standards of conduct and citizenship are essential in maintaining a solid program of athletics. It is our intent to preserve rules that reasonably pertain to the health and safety of the individual and the orderly conduct of sports. We do not wish to establish arbitrary personal preferences to insure absolute uniformity. The welfare of our students is our major consideration. Hopefully, their welfare transcends any other consideration. In the event that a student-athlete fails to

comply with these standards, it will be interpreted by the Athletic Department as an indication that the student-athlete does not have sufficient desire to participate in the interscholastic athletic program. Therefore, the student-athlete will be denied the privilege of participating until such time as he or she can prove this desire. The precise period of suspension will depend upon the violation(s) and the attitude of the student-athlete. Generally, a minimum of one week will be necessary to prove the desire to participate and to comply with all standards, which have been established for the benefit of the student-athlete and the team. Repeat or flagrant violations may result in total suspension from the athletic program. This will be determined by a consensus of the BCS administration and coach staff involved.

NCHSAA Sportsmanship Section 2.5:

<https://www.nchsaa.org/sites/default/files/attachments/2.5%20Sportsmanship.pdf>
